

Pain/Payoffs of staying where you are VS Pain /Payoffs of Changing

what do you want to change?

pick one area per page

it could be your health [mind, heart, body + intuition], finances, career, relationships, adventures, skills, location, attitude - any aspect of your life

how you are now

what's the pain of staying

you in the future

what's the pain of moving

what's the payoff of staying

what's the payoff of moving